

Curriculum Vitae

Mir Zubair Rashid
Counsellor, Kashmir University
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Academic Qualification:

- **Masters in Social Work (M.S.W)** from Kashmir University.
- M.Ed from Kashmir University. (Specialization in Guidance and Counseling)
- B.Ed from Kashmir University.(Specialization in Educational Guidance and Counseling)
- Bachelor's in Arts from University of Kashmir (A.S College).
- Certificate course on computer concepts from DOEACC Society.

International/National Trainings, Workshops and Seminars Attended:

1. **5th National conference on “Patient Safety and Drug Regulatory Scenario in India”** from 19-21 May 2015
2. Participated in one international workshop on **“youth leader’s capacity Building workshop”**, five days workshop organized by Mine Action Canada and **SARD**. (Society for All Round Development).
3. Conference on **Indian Federalism at Work**, organized by **institute of Social Sciences, University of Kashmir, Jammu, and Hamdard New Delhi**.
4. 5days training program on **Counselling Skills &Issues**, conducted by RRTC-North-11 with National institute for social Defense, Ministry of Social Justice and Empowerment, Govt. of India.
5. 5days workshop/lecture series on **Shared Heritage** with Anhad in Delhi.
6. One day workshop on standardization of MSW curriculum organized by Dept. of Sociology & Social Work.
7. Elementary training course in civil defense in 2002.

8. 12days Youth camp for peace, in Pahalgam organized by **J &K Police**.
9. One 3day workshop with man ford international, on human beaver.
10. Participated in Seminar/Symposium on intra college elocution competition on Gandhi Jyanti Celebration-2007.

Guest Lectures:

- Special lecture on Social Service organized by Directorate of lifelong Learning, University of Kashmir at Kunzer.

News paper Publications:

- ❖ Lest we lose Another Generation (Greater Kashmir, **26 June 2015**)
<http://www.greaterkashmir.com/news/opinion/lest-we-lose-another-generation/190284.html>
- ❖ The Business of Drug addiction in Kashmir (Greater Kashmir, **05 OCTOBER 2011**) Available on internet
<http://www.greaterkashmir.com/news/2011/Oct/5/the-business-of-drug-addiction-in-kashmir-12.asp>
- ❖ Kashmiri language nowhere (Greater Kashmir, **11 MAY 2012**)
Available on internet.:
<http://www.greaterkashmir.com/news/2012/May/11/kashmiri-language-nowhere-8.asp>
- ❖ Choosing a career in Kashmir (Greater Kashmir, **15 OCTOBER 2011**)
available on internet
<http://www.greaterkashmir.com/news/2011/Oct/15/choosing-a-career-in-kashmir-71.asp>
- ❖ Of human welfare (Greater Kashmir, **01 FEBRUARY 2012**) available on internet:
<http://www.greaterkashmir.com/news/2012/Feb/1/of-human-welfare-29.asp>

Magazine/Journal Publications:

- ❖ Drug addiction in Kashmir Published in Kashmir University Magazine Gulala 2014-15.
- ❖ “Choosing a career in Kashmir” Published in Kashmir University Magazine Gulala 2013-14.
- ❖ Editor of weekly Educational Newspaper “Sikshya Barta”

Work Experience:

1. Round 07 years experience as student counsellor in Kashmir University and still working.
2. 2 years experience in working with NGO as volunteer.(global green peace)
3. De-addiction center police hospital (PCR) as caseworker for 2 months
4. Also done community work in Distt Srinagar J&K for 01 month.
5. Researcher in Office of the Commissioners to the Supreme Court worked for RIGHT TO FOOD. in Kashmir .
6. Worked with action aid international in Kashmir (Monitoring and elevation of livelihood projects).
7. Study of human resource development(HRD) in JKCL (Jammu & Kashmir cement limited)
8. Founding Member of NGO Namely CAUSE (Concern about Universal Social Empowerment).
9. Researcher in CAUSE Ngo for Drug Free Kashmir project a quantitative study in Kashmir on drug addiction.

Workshops and seminars Organized:

- Organized week-long counseling camp in Kashmir University. available on : <http://www.greaterkashmir.com/news/2011/Mar/4/week-long-counselling-camp-begins-at-ku-17.asp>
- 26th June 2010: A Celebration of Hope and Healing; An initiate to make Drug Free Kashmir by CAUSE at convocation complex, Kashmir University.
- 27th June 2010 signature campaign in Lal Chowk.
- 26th June 2011: “Drug Addiction -Lest We Lose another Generation” An initiate to Make Drug Free Kashmir.
- 27th June 2011: “Drug Addiction - Lest We Lose another Generation” An initiate to Make Drug Free Kashmir at convocation complex, KU:
- Two career counseling cum Drug De-Addiction Program in Chotemulla Bandipora.
- Solution for Drug addiction in Kashmir in collabration with Deptt. Of social work, University of Kashmir.
- J&K’s 1st Marathon for Differently Abled People.

Quotes for Public Opinion and Report Publications in leading News Papers:

- ❖ Political turmoil, despair pushing Kashmir youth into drugs' (Hindustan Times, July 18, 2012) available on internet :
- ❖ <http://www.hindustantimes.com/India-news/Srinagar/Political-turmoil-despair-pushing-Kashmir-youth-into-drugs/Article1-891296.aspx>
- ❖ ‘22% graduates, 6 % post-graduates, 2% PhD holders involved in drug addiction’(Greater Kashmir, 18 JULY 2012) available on internet:
- ❖ <http://www.greaterkashmir.com/news/2012/Jul/18/-22-graduates-6-post-graduates-2-phd-holders-involved-in-drug-addiction--58.asp>
- ❖ The news has been carried out by: Kashmir Reader, Rising Kashmir, Kashmir Monitor, Kashmir Observer and other news papers of Jammu and Kashmir and also by some web site as well.

Achievements, National Trainings & Camps Attended In NCC (National Cadet Corps):

- ✓ Passed all the Three (03) NCC (National Cadet Corps) certificates 'A', 'B' and 'C'.
- ✓ Attended Regular Army attachment with 12 JAK LI C/O56APO for 12 days in Jammu 2006.
- ✓ Exceptional performance in parade as a token of appreciation for very good drill by headquarters India Reserve VI Battalion Zewan Srinagar 2004 .
- ✓ Participated in SPECIAL NATIONAL INTREGRATION CAMP 2005 from 28 Nov – 09 Dec 2005 at Chakabama NAGALAND.
- ✓ Participated in NATIONAL INTREGRATION CAMP -1 from 01-07 July 2007 at MYSORE.
- ✓ Participated in NATIONAL INTREGRATION CAMP - from 20-31 Jan 2008 at Ghaziabad UP.
- ✓ Donated Blood during all India Donation Camp By NCC.
- ✓ Participated in INDEPENDENCE DAY PARADE at Bakshi stadium Srinagar in 2003.
- ✓ Participated in INDEPENDENCE DAY PARADE & Cultural Programme at Bakshi stadium Srinagar in 2004.
- ✓ Participated in PRE-RDC PHASE -11 SELECTION CAMP from 02-13 Dec 2004 at NAGROTA.
- ✓ Participated in 10 days Combined Annual Training Camp in Nagrota .
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- ✓ Participated in 10 days Combined Annual Training Camp in Srinagar 2008.

Sports:

- 6days course on White Water Rafting in River Sinde.
- Winner of Under 19 years inter school Hockey Tournament in 2004.
- Participation in ALL INDIA VICE_CHANCELLORS T-20 CRICKET CUP organized by Kashmir University.
- 1st position in under 19 years 4 x 400 MTR. Relay Race in 2004.
- Joint Winner of Under 19 years inter school Hockey Tournament in 2002.
- Joint Winner of Under 19 years inter school Hockey Tournament in 2003.
- 200 Mt. Race held on 05-08-2004 and secured 2nd position organized by J&K police under civic programme.
- Winner of Foot ball tournament organized by J&K police.
- Winner of Cricket tournament organized by J&K police.
- Secured 3rd place in Volley ball tournament organized by J&K police.
- Secured 1st position in Quiz competition.

Memberships:

- Board Member Kashmir Education Initiative (KEI) Kashmir and USA.
- Member of Social Cause NGO
- Member CAUSE NGO
- Member V-Care NGO
- Member of JKMH Club

Hobbies:

1. Photography
2. Adventure Sports
3. Travel And Exploring New Places
4. Interacting with people.
5. Always ready to lead the group

Areas of Interests:

- Working with youth
- Drug Addiction
- Public Relations
- Event management
- Mental Health
- Community Organization; Community Work.
- Seminars, Group Discussion, ,
- Working in Emergency situations.

I hereby state that the above given information is true and correct up to the best of my knowledge and belief.