

KU organises weeklong trekking course for students

Registrar flags-off contingent for camp at Naranag, Gangbal, Sonamarg



Srinagar, September 26 : To promoting physical fitness and adventure and to empower students for their potential employability, the Directorate of Physical Education and Sports (DPES), Kashmir University (KU) is organising a weeklong trekking course.

KU Registrar, Dr Nisar Ahmad Mir flagged-off a contingent of thirty five (35) MPEd (Master in Physical Education) students from the Directorate of Physical Education and Sports (DPES), KU for a thrilling trekking camp encompassing Naranag, Gangbal and Sonamarg.

During the flag-off ceremony, Dr. Nisar Ahmad Mir emphasised the significance of such expeditions in enhancing students' physical fitness, underlining the need for stamina and strength. He lauded the university's commitment to offering such initiatives to enrich students' experiences.

Speaking on the occasion, Incharge Trekking Coordinator, Dr Surjeet Singh highlighted the vital role trekking courses play in the realm of physical education and their potential impact on employability.

Section Officer, DPES, Mirza Irshad Hussain Beig also spoke on the occasion and encouraged students to seize the opportunities presented by such courses.

Dr Surjeet Singh, Coordinator (MPEd), is accompanying the contingent as the Manager to ensure a safe and enriching experience for the participating students.

The Kashmir University is committed to nurturing not only academic excellence but also holistic development, empowering its students with diverse experiences and skills.