

KU organises 3-day multi-specialty health camp



Srinagar, Oct 6: To create awareness about the prevalent health conditions in the Valley such as, diabetes, hypertension, cardiac ailments, neurological diseases, thyroid disorders and PCOD (Polycystic Ovarian Disease) among adolescent girls and young women, the Kashmir University Health Centre in collaboration with Paras Hospital, Srinagar organised a three-day multi-specialty awareness-cum-checkup camp.

A large number of university staff including deans, heads, faculty, scholars and students besides people from the university administration visited the camp.

The event was inaugurated by Dean Research, Kashmir University (KU), Prof Irshad Ahmad Nawchoo.

Expressing his satisfaction with the camp's execution, Prof Nawchoo emphasised the university administration's commitment to the wellbeing of its students and staff.

Prof Nawchoo said, "Such initiatives play a crucial role in fostering a sense of community, enhancing personal development and promoting physical and mental wellbeing within the university."

While appreciating the organisers, he added: "Our university's commitment to the holistic development and wellbeing of our students and staff remains unwavering and this camp exemplifies the dedication to create a supportive and nurturing environment for our community."

Outlining the broader goals of the camp, Coordinator, University Health Centre, Dr Khalid Nazir said that under the patronage of KU Vice-Chancellor, Prof Nelofer Khan and KU Registrar, Dr Nisar Ahmad Mir, the University Health Centre has conducted numerous such camps and awareness programmes recently and would continue to do so in the future as well.

The camp featured a team of eminent specialists, including Interventional Cardiologist, Dr Mohammad Maqbool Sohil; Endocrinologist, Dr Mehroosa; Neurologist, Dr Shabeer Ahmad Paul and General Physicians, Dr Burhan and Dr Sanna.

The experts examined university students and staff while providing valuable education on preventive measures to combat the rising incidence of various

diseases. The camp also offered free ECG, Random Blood Sugar tests and vital checkups.

Medical Officers, Dr Suraya Jan, Dr Azhar Ahad and Dr Iqra Mehraj actively participated and coordinated the camp's activities. A dedicated team of paramedical staff put in their best efforts to ensure the camp's grand success.

Nearly 400 patients benefited from this camp reflecting the commitment of the University Health Centre and Paras Hospital, Srinagar to promote health awareness and to provide accessible healthcare services to the community.