

KU's South Campus organises 'Run for Well-Being' for girl students



Anantnag, May 16: The South Campus, University of Kashmir, on Tuesday organised a "Run for Well-Being" for girl students of the campus.

The event was organised by the Department of Physical Education & Sports. A good number of girl students participated in the run, which was aimed to raise awareness among the participants about the importance of sports activities for their overall well-being. It also focussed on educating them on maintaining healthy lifestyles.

Director, South Campus, Prof Mukhtar Ahmad Khanday flagged off the race and encouraged the girl students to act as ambassadors of well-being by encouraging fellow girl students to participate in sports activities.

Earlier, Assistant Director, Sports (South Campus) Tausif Ahmad Bhat, gave an overview of the event.

Warden Girls Hostel, Dr. Natasha Saqib, was also present.

Meanwhile, in Group 1st, Naila from Department of English bagged the first position, while Sabreena and Snober from the departments of Management Studies and Mathematics secured the 2nd and 3rd positions respectively. In Group 2nd, Mudasira from the Department of Management Studies bagged the first position,

while Irtiqa and Iqra Gull from the departments of Management Studies and Mathematics secured the 2nd and third positions respectively.

Prof Khanday distributed prizes among winners and participants.