

Powerlifting for Peace: Day 03 of Inter-University Championship marks International Day of Sport for Development & Inclusion

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Srinagar, April 05: The third day of the All India Inter-University Powerlifting Championship 2025, hosted by the University of Kashmir's Directorate of Physical Education & Sports (DPE& S) turned into a vibrant celebration of athleticism and global solidarity as it coincided with the International Day of Sport for Development and Peace. #

Carrying forward the day's theme—"Leveling the Playing Field: Sport for Social Inclusion"—the University campus echoed with power, purpose, and passion as top contenders from across the country lifted not only weights but also the collective spirit of unity and resilience. #



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Commemorating the revival of the modern Olympic Games in 1896 by Baron Pierre de Coubertin, Day 3 was marked by fiercely contested events across four weight categories in both men's and women's divisions. The performances bore testimony to the unwavering determination of student-athletes, whose grit and grace drew admiration from an enthusiastic audience.#

An impressive medal distribution ceremony capped the day's events, graced by Prof. Nilofer Khan, Vice Chancellor, KU who felicitated the winners and lauded their achievements. In her address, Prof. Khan highlighted the championship as a platform for fostering national integration and emphasized the University's commitment to contributing to Viksit Bharat by empowering youth through meaningful sporting initiatives.#

Prof. Naseer Iqbal, Registrar KU echoed the sentiment, affirming that the University is steadfast in mobilizing its student community towards positive and constructive engagements that serve the larger cause of nation-building.#

On the occasion, Superintendent of Police, Hazratbal, Hilal Khaliq hailed the University's initiative in uniting young athletes from diverse backgrounds, terming it a milestone in national cohesion through sport.#

A comprehensive report on the day's events was presented by Dr. Surjeet Singh, Coordinator DPE&S KU who detailed the proceedings across various categories.#

The evening ceremony was smoothly conducted by Mr. Tausif Bhat, Assistant Director DPE& S KU and Mr. Sheikh Adil, Gymnasium Coach, ensuring a seamless and celebratory conclusion to the day's spirited activities.#

In women's 63 kg weight category, Nandana Yenepoya from CTU University bagged gold medal, while as Harini Priya Pariyar Salem, from Tamil Naidu and Pooja from Anna University University won silver and bronze respectively.#

In Women's's 69 kg weight category, Madhu from Anna University secured gold, while as Parernar from University of Mumbai and Kajal from MDU Rohtak bagged silver and bronze medals.#

In Men's 83 kg weight category, Pilly Udhay from JNTU Hyderabad clinched gold, rohit from Sunrise University Rajasthan won silver and Sumanath from Manglore University secured bronze medal.#

In Men's 93 kg weight category, Syed Khajavali from JNTU Kakinada clinched gold, Dharam pal from CCS Meerut won silver and Vaibav Samwal from Kamaun University secured bronze medal.#

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